

## TASK AND FINISH PANEL – GRANT AID REVIEW

### GROUPS IN RECEIPT OF THREE YEAR SERVICE LEVEL AGREEMENTS

Name of Group	Service undertaken within Epping Forest District	Amount per annum £
<b>Alzheimer's Society</b>	<p>Operating from Latton Bush, Harlow (to keep rental costs down) services are provided to those EF residents suffering from Alzheimer's.</p> <p>One recent initiative was EFDC requesting that a community group dealing with the elderly in EFDC was given training/advice by Alzheimer's so the group could understand the problems of those suffering with the disease.</p> <p>Activities run in EFDC; Memory Café, Active Minds, Young Onset Group, Awareness Raising, Carer Information and Support Groups are some examples.</p>	1,772
<b>British Red Cross</b>	<p>Provision of equipment to residents of EFD who require it – after an accident, post hospitalization, visiting elderly etc – such as wheelchairs, walking frames, crutches. As residents are living longer there is a greater need for BRC's support in our District.</p>	3,982
<b>EFD Swimming Club</b>	<p>EFDC is a non-profitmaking swimming club that exists to provide the opportunity for young people to achieve their potential in competitive swimming. It is run by parents solely for the benefit of the swimmers. We provide swimming lessons for children of around 3 years upwards and training for competitive swimming from around 7/8 years. Swimming is universally recognised as an excellent way of keeping fit and we have an active Epping Forest 'Masters' section. Whilst much attention is focused on helping swimmers achieve success at Essex, East Region and National competitions, we also hold Club Championships, Charity Galas and Social Events. Our Christmas Relay Gala in support of Cancer Research is an established favourite. The first training session took place nearly 40 years ago, way back in 1977.</p>	
<b>Carers Trust (formally Crossroads)</b>	<p>Carers Trust strives to relieve the stresses of relatives and friends caring for someone, at home, who has a disability or chronic illness.</p> <p>They offer a Young Carers Group in the Epping Forest area and provide useful information and support to young carers.</p>	4,529
<b>Lambourne End Centre</b>	<p>Helping young people in Essex and East London develop confidence through adventurous, farm and environmental activities. Excellent fund raising group and volunteer support. Caters for all ages of young people to develop skills.</p>	2,765
<b>Loughton Voluntary Care Association</b>	<p>Volunteers provide transport for the elderly/frail, within the Loughton area, to hospital, surgery and clinic appointments. LVVC also undertake shopping, befriending and an occasional 'odd job'. LVVC run a weekly shopping trip, by minibus. LVVC provides social contact and enables the elderly to shop independently with assistance.</p>	2,990
<b>North Weald Airfield Museum Association</b>	<p>Education Of The General Public About The History Of North Weald Airfield, Nearby Airfields And Their Communities By Enlarging, Updating And Preserving The Collection Of Articles And Memorabilia Originally Accumulated By The Late Fit. Lt. Bill</p>	2,265

	<p>Miles and Warrant Officer Fred Hitchcock.</p> <p>Since the death of the Hon Secretary in the tragic plane crash last year, this group are in need of much support and Tony Connor, EFDC Museum Officer is having regular meetings to try and put the group on a firmer footing.</p>	
<b>Ongar and Villages Voluntary Care</b>	<p>Volunteers provide transport for the elderly/frail, within the Ongar doctors' area only, to hospital, surgery and clinic appointments. OVVC also undertake shopping, visiting a relative who is ill or hospitalised, collecting prescriptions etc. They assist families who have to care for an elderly relative or someone with a terminal illness or sick and/or befriend elderly who have no close relatives.</p>	1,772
<b>Rural Community Council for Essex</b>	<p>RCCE's mission is to provide local communities with the skills, resources and expertise necessary to achieve a thriving and sustainable future.</p> <p>This means helping communities come together to identify their own needs and priorities, and provide them with advice and support in developing practical solutions.</p> <p>They strive to provide a voice for rural communities, representing their interests to government at local, regional and national level. Many of the village halls in the EFD are supported by the RCCE's Village Halls Adviser.</p>	1,272
<b>Samaritans</b>	<p>Available 24 hours a day to provide confidential emotional support for people who are experiencing feelings of distress, despair or suicidal thoughts. Contact is usually made by phone but some appointments are available for 'one to one's' Samaritans are now available at some train stations to reduce the number of incidents involving trains/train drivers.</p>	2,765
<b>VAEF Gardening</b>	<p>This free service is available to residents of the Epping Forest District who are elderly, disabled, tenants or home owners and cannot maintain their gardens on their own and do not have family support networks. Homeowners would be entitled to a one off garden clearance. Council tenants receive a quarterly maintenance service.</p> <p>Voluntary Action Epping Forest's Gardening Service is available Monday to Friday between February and November. Tasks undertaken include - grass cutting, hedge cutting; shrub pruning; weed and bramble removal; application of weed killer ( if supplied by the client); membrane and barking (Pebbles or stones if supplied by client).</p>	1,772
<b>VAEF Home Safety</b>	<p>This project is part of the Epping Forest Falls Prevention Strategy and is funded by Epping Forest District Council and NHS West Essex.</p> <p>Many accidents in the home are preventable. Slips, trips and falls account for half of all accidents involving older people. To reduce falls in the home we give advice and carry out minor repairs and improvements free of charge.</p> <p>The scheme is available to anyone aged 60 or over and living in the Epping Forest District.</p> <p>It doesn't matter whether you are a homeowner, are a council or private tenant, or live in sheltered accommodation. Nor are your financial circumstances relevant.</p>	4,529
<b>Victim Support</b>	<p>Victim Support helps anyone affected by crime, not only victims</p>	3,982

	and witnesses, but their friends, family and any other people involved. They are an independent charity; you can talk to them whether or not you reported the crime to the police. If you want, they can support you without the involvement of the criminal justice system, and they won't contact them about you unless they feel someone is at risk. They are available just to support.	
<b>WAY 2000</b>	Youth club based in Waltham Abbey providing youth activities three evenings a week offering arts, crafts, music, computer facilities, educational projects and social evenings. In addition, confidential youth counselling service, WAY 2 Cook, Yip Yop youth and other new initiatives as the young people need or request.	
<b>Zinc Arts</b>	Zinc work across a broad range of media, using high-quality multi-arts activities to engage and inspire participants, motivating them to achieve their full potential and develop as individuals. Zinc utilise art forms such as music, sculpture, drama, spray painting, stop-frame animation, film, visual arts and more, sparking participant's creativity, curiosity and passion. By using the arts, participants are able to express themselves and interpret the world around them. Through these art forms, participants can build fundamental core skills for personal development; i.e. building independence, confidence, teambuilding, problem-solving and communication skills.	4,529
<b>In addition:</b>		
<b>EFD CAB</b>	CAB offers advice and information on subjects including consumer problems, debt, employment, housing issues, relationship problems, and welfare benefits. We have specialist advisers in the areas of Debt, Employment and Welfare. The services are free, confidential, independent and impartial and are offered to anyone regardless of race, gender, sexuality, disability, religion or age.	113,380
<b>VAEF</b>	Voluntary Action Epping Forest is an umbrella organisation providing advice, information & development support services to voluntary and community organisations and volunteers in the EF District. Local Voluntary groups are assisted with fund raising, volunteer recruitment and regular information. Volunteers recruited with learning disabilities are offered extra support and team activities. The organisation also hosts a number of direct services for older people which include gardening, carers support, home safety, befriending and handyman.	39,120